

## **COOK WELL EAT WELL**

An online recipe contest was organised by the Department of Food and Nutrition, Maharani Kasiswari College in collaboration with Nestle, India on 11th August, 2020.

Participants from all across the country sent in their delicious recipes. More than 150 recipes poured in and it was shortlisted by the judges.

Ms. Bijaya, the culinary and activation consultant of Nestle, Kolkata branch coordinated the whole event with our department.

Mr. Soumya Roy, hospitality industry expert, joined us from Dubai and shared an evening snack recipe called Arabic chicken shawarma sandwich.

Ms. Ankita Sandhukhan working in Four Seasons Hotel Mumbai as a continental chef showed us live online how to make Tibetan thukpa and Korean Kimchi salad.

The winners of the recipe contest were declared by our respected Principal and the winners were as follows:

1st position - Shreyashi Das Maggi Sushi wrap

2nd position - Sumi Dey Fishy Maggi

3rd position - Dr. Satabdi Ghosh Egg Maggi Pizza

4th position - Natasha Dutta Fried Paneer Maggi

5th position - Ayan Halder Maggi Momo

Some recipes which deserved a special mention were as follows:

Kamala Saha - Oats Delight Maggi Omelette

Debolina Sen - Emoji Maggi Sandwich

Sneha Chakraborty - Stuffed masala aloo rava idli with vegetable salad

Antara Mondal - Maggi chat