



# MAHARANI KASISWARI COLLEGE

(NAAC Accredited)

20, Ramkanta Bose Street, Kolkata-700 003

Ph. (Off) 2543-5687/2555-6325 (PL) 2530-2008

E-mail : mkcollegeprincipal@gmail.com

Ref. No.....

Date 15-05-2023

## NOTICE

Department of Philosophy

It is hereby informed that the Department of Philosophy is organising a Workshop on Meditation for all the faculty members, office friends and students of this esteemed institution on 19.05.2023 (Friday) at 8:30 a.m. onwards in Room No. 8.

All are cordially invited.

Joint Convenors:

*Madhumita Chatterjee*  
Smt Madhumita Chatterjee (SACT)

*Dipti Chakraborti*

Dr. Dipti Chakraborti

Head

Department of Philosophy

Maharani Kasiswari College

*Sima Chakrabarti*

Dr. Sima Chakrabarti

Principal

Maharani Kasiswari College

Dr. SIMA CHAKRABARTI

Principal

MAHARANI KASISWARI COLLEGE

20, Ramkanta Bose Street, Kol-700003

# MAHARANI KASISWARI COLLEGE

(NAAC Accredited)

20, Ramkanta Bose Street , Kolkata – 700 003

DEPARTMENT OF PHILOSOPHY

WORKSHOP ON MEDITATION

Date : 19-05-2023 □ Time : 8.30 a.m. □ Venue : Room No. 8

TIME	DESCRIPTION	MODERATOR / SPEAKER
8:30 a.m.	Inaugural Address	<b>Dr. Sima Chakrabarti</b> Chief Patron and Principal of the College
8:40 a.m.	Introduction of the Speakers	<b>Dr. Dipti Chakrabarti</b> Associate Professor & Head Department of Philosophy
8:45 a.m.	Felicitation	By the Students
8:50 a.m.	Meditation Session-1	<b>B.K.SISTER</b>
8:55 a.m.	Meditation Session-2	<b>B.K.SISTER</b>
9.00 a.m.	Meditation Session-3	<b>B.K.CHANDRA</b>
10:00 a.m.	Interactive Session	<b>Ms. Madhumita Chatterjee</b> SACT Department of Philosophy
10:15 a.m.	Vote of Thanks	<b>Ms. Madhumita Chatterjee</b> SACT Department of Philosophy
	Conducting the Event	<b>Ms. Mandira Ghosh</b> Assistant Professor Department of Philosophy
	Signing of Attendance Sheet	<b>Mr. Biplab Chandra Sarkar</b> Assistant Professor Department of Philosophy <b>Ms. Tapati Saha</b> Guest Lecturer Department of Philosophy
	Collection of Geo-tag Photographs	<b>Dr. Chaitali Pal</b> Associate Professor Department of Philosophy

*S. Chakrabarti*  
**Dr. SIMA CHAKRABARTI**

Principal

**MAHARANI KASISWARI COLLEGE**  
20, Ramkanta Bose Street, Kol-700003

# MAHARANI KASISWARI COLLEGE

Department of Philosophy  
Departmental Workshop on  
MEDITATION

ATTENDANCE SHEET OF THE TEACHERS

Date : 19-05-2023

Sl. No.	Name	Department	Designation	Signature	E-mail ID
1	Sonia Chakrabarti	Principal	Principal	Sonia Chakrabarti	mrc_collegeprincipal@gmail.com
2	Shikha Das Bagchi	Sociology	Assistant Professor	Shikha	shikhadas65@gmail.com
3	Soupra Ghosh	Sociology	Assistant Professor	Soupra Ghosh	soupra.ghosh.dena@gmail.com
4	Bikri Biswakarma	Pol. Sc.	Asst. Professor	Bikri Biswakarma	bikri1987@gmail.com
5	Debatashree Sen	Pol. Sc.	Teacher	Debatashree Sen	debatashree.senbina@gmail.com
6	Piyali Saha	Pol. Sc.	Teacher	P. Saha	piyalisaha10@gmail.com
7	Dr. Sunita Kojicwal	Edn	Asst. Professor	Dr. Sunita Kojicwal	goldoney.sunita@gmail.com
8	Dr. Tarun K. Chandra	EDUCATION	Associate Prof.	Tarun K. Chandra	chandra.tk@gmail.com
9	Dr. Suryatapa Das	Food and Nutrition	Asst. Prof.	Suryatapa Das	das.suryatapa@gmail.com
10	Riyanka Chakrabarti	Geography	SACT	Riyanka Chakrabarti	riyanka.chakrabarti@gmail.com
11	Shriya Ghosh	ENVS	SACT	Shriya Ghosh	shriya.ghoshbroya108@gmail.com
12	Sayanti Bhosnik	Education	Asst. Prof.	Sayanti Bhosnik	sayanti2006@yahoo.com
13	Mandipa Mha	Education	Associate Prof.	Mandipa Mha	mandipa-123@yahoo.com
14	Ratna Mandal	Bengali	Asst. Prof.	Ratna Mandal	
15	Lipika Das (Nandi)	Commerce	Asst. Prof.	Lipika Das	lipika.dasnandi@gmail.com
16	Ruchi Chakrabarti	English	Asst. Prof.	Ruchi Chakrabarti	ruchi7@gmail.com
17	Sunritabari Sen	HISTORY	ASSO PROF	Sunritabari Sen	sunritabari@gmail.com
18	Chaitali Das	History	ASSO. PROF	Chaitali Das	chaitalib@gmail.com
19	Sobinda Mandal	Bengali	Asst. Prof.	Sobinda Mandal	sobindamandal001@gmail.com
20	Ramvardan	Hindi	Assistant Prof.	Ramvardan	ramvardan79@gmail.com
21	Nupur Ch. Ghosh	Library	Librarian	Nupur Ch. Ghosh	nupurch_2010@yahoo.com
22	Subimal Deb	Games & Sports	Sports Instruct	Subimal Deb	subimaldeb2012@gmail.com
23	Piyali Ghosh	Sanskrit	Asst. Prof.	Piyali Ghosh	

# MAHARANI KASISWARI COLLEGE

Department of Philosophy  
Departmental Workshop on

MEDITATION

ATTENDANCE SHEET OF THE TEACHERS

Date : 19-05-2023

Sl. No.	Name	Department	Designation	Signature	E-mail ID
25	Biplab Ch. Sarkar	Philosophy	Assistant Prof	B Sarkar	biplabchandrasarkar199@gmail.com
26	Joyita Banerjee	Philosophy	Research Scholar	Banerjee	joyi.banerjee@gmail.com
27	Rakati Saha	Philosophy	GL	B	Rakatisaha537@gmail.com
28	Madhumita Chatterjee	Philosophy	SACT	M	madhumitachatterjee10@gmail.com
29	Mandira Ghosh	Philosophy	Assistant Professor	M	mandirag.gh@gmail.com
30	Dipti Chakraborti	Philosophy	Associate Professor	D	chakraborti.dipti@gmail.com
31	Chaitali Pal	Philosophy	Associate Prof	CP	chaitalipal779@gmail.com

Attendance of Our Respected Office Friends

1.	ARCHITA ROY	OFFICE	OFFICE STAFF	Archita Roy	architaroy1986@gmail.com
2.	SOUMEN SARDAR	OFFICE	CLERK	Soumen Sardar	philosophysoumen@gmail.com
3.	ZAKIR ALAM	OFFICE	Clerk	Zakir Alam	zakiralam75@gmail.com
4.	JOYEETA DAS	office	lab Attendant	Joyeta Das	joyetadas88@yahoo.com
5.					

# MAHARANI KASISWARI COLLEGE

Department of Philosophy  
Departmental Workshop on

## MEDITATION

### ATTENDANCE SHEET OF THE STUDENTS

Date : 19-05-2023

Sl. No.	Name	Department	Roll	Semester	Signature	Email ID
1)	Susmita Garai	BA Gen	193	(11) 2SM	Susmita Garai	susmitagarai0425@gmail.com
2)	Amrita Paul	BA Gen	20	(11) 2SM	Amrita Paul	Paulamrita210104@gmail.com
3)	Monisha Laha	B.A Gen	70	(11) 2SM	Monisha Laha	monishalaha847@gmail.com
4)	Piyali Ash.	B.A Gen	96	(11) 2nd Sem	Piyali Ash.	Piyaliash3@gmail.com
5)	Sangita Das	B.A (Hons)	605	(11) 2nd sem	Sangita Das	Sangita.270305@gmail.com
6)	Beauty Ash	B.A Gen	210	(11) 2nd Sem	Beauty Ash	Beautyash611@gmail.com
7)	Payal Ash	B.A (Gen)	90	(11) 2nd SEM	Payal Ash	Payalash87@gmail.com
8)	Riya Das	B.A (Gen)	435	(11) 2nd sem	Riya Das	daariya320@gmail.com
9.	Dibyanshu Acharya	B.A. (Hons)	12	ENGA, Sem 2	Dibyanshu Acharya	dibyanshuacharya12@gmail.com
10.	Neha Yadav	B.A. (Hons)	32	ENGA, SEM 2	Neha Yadav	nehayadav3205@gmail.com
11.	Parma Paul	B.A (Hons)	36	ENGA, SEM 2	Parma Paul	ParmaPaul777@gmail.com
12.	Apurita Sarkar	B.A (Gen)	G-13	(G) 2sem	Apurita Sarkar	apurita405@gmail.com
13.	Kaushma Jaiswal	B. Com (Hons)	H-45	IV Sem	Kaushma Jaiswal	Jaiswalkaushma@gmail.com
14.	Khushi shaw	B. Com (Gen)	G-416	IV Sem	Khushi shaw	Khushishaw200118@gmail.com
15.	Yesha Gupta	B. Com (Hons)	H-151	IV Sem	Yesha Gupta	guptaeshaa@gmail.com
16.	Muskan Gupta	B.A (Hons)	30	2nd Sem	Muskan Gupta	Guptamuskan100218@gmail.com
17.	Neha shaw	B. Com (Hons)	H-106	2nd Sem	Neha shaw	Shaw8776@gmail.com
18.	Pratiti Chakrabarti	B. Com (H)	74 (H)	4th Sem	Pratiti Chakrabarti	Pratitchakrabarti2403@gmail.com
19.	Payel Saha	B.A (Gen)	93 (G)	2nd Sem	Payel Saha	PayelSaha48399@gmail.com
20.	Anindita Mandal	B.A (Gen)	1-G	2nd Sem	Anindita Mandal	aninditam2004@gmail.com
21.	Soumi Kundu	B.A (Gen)	178 (G)	2nd Sem	Soumi Kundu	Soumikundu30509@gmail.com
22.	Sneha Pramanik	B.A (Gen)	171 (G)	2nd Sem	Sneha Pramanik	Pramanick462@gmail.com
23.	Riya Sonkan	B.A (Hons)	230 (H)	2nd Sem	Riya Sonkan	RiyaSonkan650@gmail.com
24.	Aranika Das	B.A (Hons)	303 (H)	2nd Sem	Aranika Das	dasaranika06@gmail.com

# MAHARANI KASISWARI COLLEGE

Department of Philosophy  
Departmental Workshop on  
MEDITATION

## ATTENDANCE SHEET OF THE STUDENTS

Date : 19-05-2023

Sl. No.	Name	Department	Roll	Semester	Signature	Email ID
1	Poulami Banik	PHIA (Hons)	1004	6th sem	Poulami Banik	PoulamiBanikH@gmail.com
2	Sudeshna Ghosh	PHIA (H)	1509	4th sem	Sudeshna Ghosh	Sudeshnaghosh69@gmail.com
3	Chandana Saha	PHIG (G)	1103	6th Sem	Chandana Saha	chandanasaha97@gmail.com
4	Ananya Kasumakar	PHIG (G)	301	6th Sem	Ananya Kasumakar	ananyakasmakar67@gmail.com
5	Poojanka Jana	SAN (H)	1051	4th sem	Poojanka Jana	PoojankaJana@gmail.com
6	Rupanjali Bose	PHIA	1009	6th sem	Rupanjali Bose	rbose219219@gmail.com
7	Sanhati Das	PHIA	1010	6th sem	Sanhati Das	Sanhati103@gmail.com
8	Subhra Dolui	PHIA (H)	1017	6th sem	Subhra Dolui	Subhradolui2001@gmail.com
9	Rini Palit	PHIA (H)	1007	6th sem	Rini Palit	rini.palit01@gmail.com
10	Pritya Kumari Modi	B.A (G)	6105	2nd Sem	Pritya Kumari Modi	pritya.kmodi@gmail.com
11	Uparna Ghosh	ENGA (H)	71	2nd SEM	Uparna Ghosh	ghosh.uparna2604@gmail.com
12	Sanjhi Mukherjee	ENGA (H)	48	2nd Sem	Sanjhi Mukherjee	Sanjhimukherjee43@gmail.com
13	Sk Muskan	B.A. (G)	166	2nd Sem	Sk Muskan	skm303811@gmail.com
14	Sanya Saha	B.A. (G)	156	2nd sem	Sanya Saha	Sanyasaha7044@gmail.com
15	Bandana Shaha	B.A (H)	1001	6th sem	Bandana Shaha	bandanashaha1309@gmail.com
16	Ishita Basak	B.A (H) PHIA	1503	4th sem	Ishita Basak	basak.ishita06@gmail.com
17	Sneha Manna	PHIA (H)	1507	4th sem	Sneha Manna	Mannasneha13@gmail.com
18	Sathi Das	B.A. (G)	G158	2th Sem	Sathi Das	sd198396@gmail.com
19	Shristi Mandal	B.A (H) HISA	326	2nd sem	Shristi Mandal	Shristimandal295@gmail.com
20	Shruti Kumari	B.A-HISA (H)	344	2nd sem	Shruti Kumari	mktatp@1818220@gmail.com
21	Juhi Kumari Talit	B.A-HISA (H)	307	2nd sem	Juhi Kumari Talit	Juhi.kumar1533@gmail.com
22	Surmata Saha	B.A (G) (H)	78	2nd Sem	Surmata Saha	officialsurmata02@gmail.com
23	Nirakha Jainal	B.A Eng (H)	73	2nd SEM	Nirakha Jainal	nirakha.jainal2002@gmail.com
24	Nisha Tiwari	B.A Eng (H)	34	2nd Sem	Nisha Tiwari	nishati.454@gmail.com



**Report On Workshop**  
**Maharani Kasiswari College**  
**Department of Philosophy**  
**Topic: “Workshop on Meditation”**

The Department of Philosophy of Maharani Kasiswari College organizes a Workshop on Meditation on 19<sup>th</sup> May, 2023 (Friday) from 8:30 am onwards in Room No. 8.

The Workshop commenced by the religious hymn performed by Ms. Mandira Ghosh, Assistant Professor, Department of Philosophy.

The inaugural address was delivered by our Respected Principal, Dr. Sima Chakrabarti.

The Respected Speakers were introduced by Dr. Dipti Chakraborti, Associate Professor, and Head, Department of Philosophy.

The Workshop was conducted by Respected Brahma Kumari Sister Chandra Ji, Brahma Kumari Sister Sumita and Brahma Kumari Sister Priyanka.

The total number of participants was 93 (Ninety Three). The audience was very much motivated mainly by Brahma Kumari Sister Chandra Ji. The students as well as the audience were overwhelmed by an innovative origami work.

The Workshop reached its peak with the peaceful meditation speech delivered by Respected Brahma Kumari Sister Chandra Ji. It ended with the interactive session which was turned as a psychological counselling session of the students – they discussed about their personal problems with Brahma Kumari Sister Chandra Ji.

The collection of the signature of the students, teachers and office friends was done by Mr. Biplab Chandra Sarkar, Assistant Professor, Department of Philosophy and Ms. Tapati Saha, Guest Lecturer of this Department.

Associate Professor Dr. Chaitali Pal collected geo-tag photographs of the entire event.

The interactive session was conducted and the Vote of Thanks was delivered by Ms. Madhumita Chatterjee, SACT, Department of Philosophy.



# MAHARANI KASISWARI COLLEGE

20, Ramkanta Bose Street, Kolkata - 700003

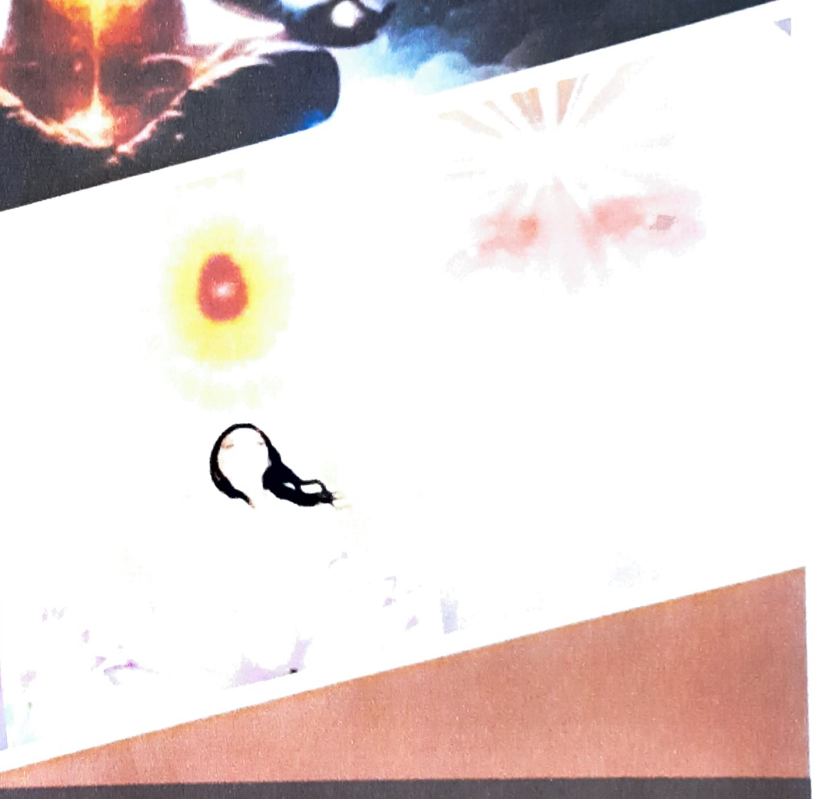
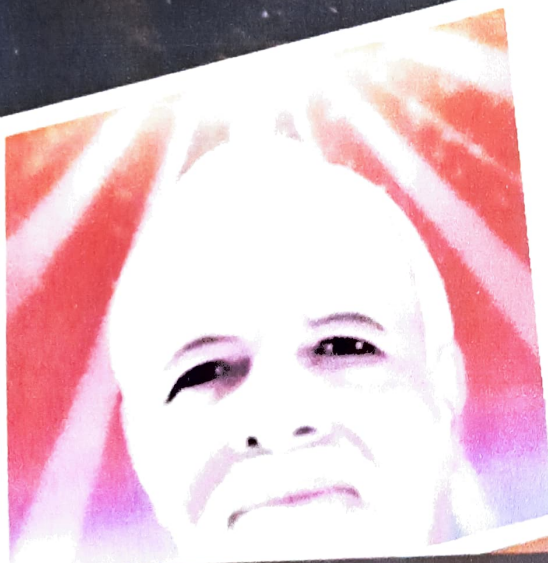
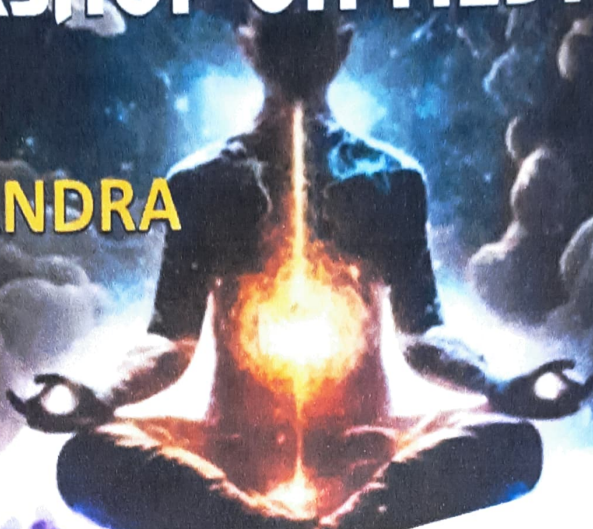
DEPARTMENT OF PHILOSOPHY

ORGANIZES

## WORKSHOP ON MEDITATION

SPEAKER:

**B. K. CHANDRA**



DATE : 19<sup>TH</sup> MAY 2023 (FRIDAY)

TIME : 8:30 A.M. ONWARDS

VENUE: ROOM NO. 08

JT. CONVENORS

**Dr. Dipti Chakraborti**  
Associate Professor & Head  
Department of Philosophy

**Ms. Madhumita Chatterjee**  
SACT  
Department of Philosophy

WORKSHOP DATE : 19-05-2023





On 19th May 2023 the department of Philosophy of Maharani Kasiswari College Organized a “workshop on Meditation”. The workshop was conducted by Respected Brahma Kumari Sisters Chandra Ji, Susmita Ji and Priyanka Ji.