# REPORT ON EVENTS CONDUCTED BY NSS UNIT OF MAHARANI KASISWARI COLLEGE DURING THE SESSION 2020-2021.

#### **EVENT 1**

## <u>TITLE OF THE EVENT</u>: **Orientation Programme** OBJECTIVES:

- To orient, motivate and enrol students for joining NSS in the college.
- To motivate the NSS volunteers to work for their community.
- To identify the needs and problems of the community and involve themselves in problemsolving strategies to mitigate the issue.
- To develop among themselves a sense of social and civic responsibility.
- To gain skills in mobilizing community participation.
- To acquire leadership qualities, democratic values and develop into responsible citizens.
- To develop capacity to face and help during emergencies and natural disasters.
- To practice national integration and social harmony.

DATE AND DURATION: 10th November, 2020 from 10.30 a.m. to 12.15 p.m.

LEVEL OF THE EVENT: College Level.

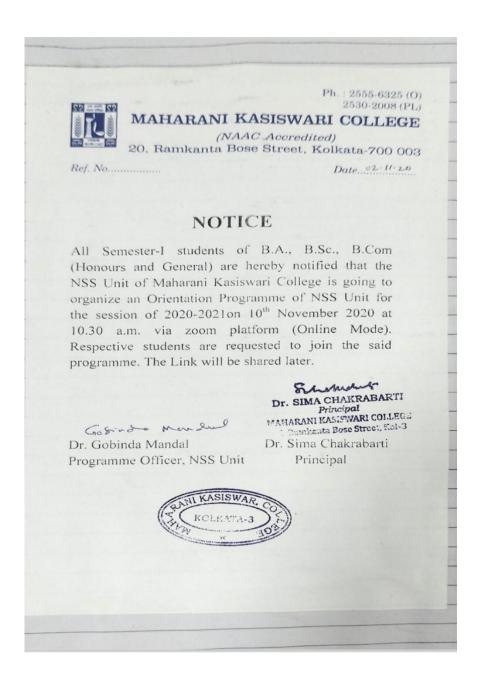
NUMBER OF PARTICIPANTS: 49 NSS volunteers.

#### DESCRIPTION OF THE EVENT:

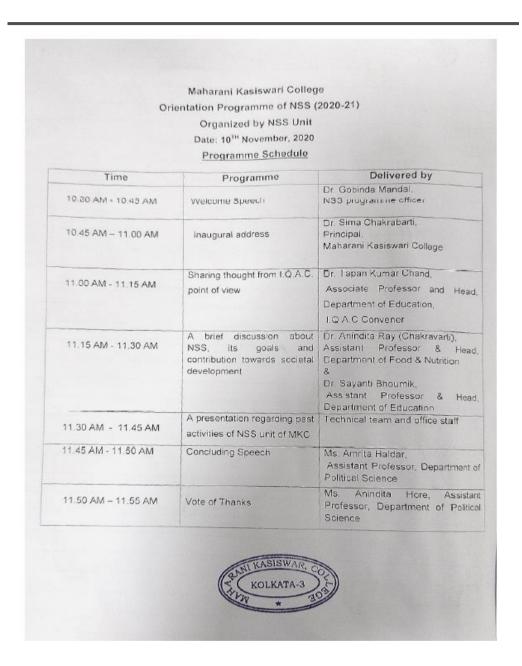
The Orientation Programme for Semester-I students (Hons. & Gen.) of B.A., B.Sc., B.Com students by the NSS unit of Maharani Kasiswari College was held online on the Zoom Platform due to the Covid 19 restrictions that prevailed as colleges were shut and only online means were used to communicate with the students. The programme was initiated by the welcome address by Mr. Gobinda Mandal, Programme Officer of NSS unit of MKC. He explained why and how the NSS programme was started by the Government of India and elucidated its mission. The Principal of MKC, Dr. Sima Chakrabarti then welcomed the new volunteers and delivered the inaugural speech to motivate them to the fold of the NSS. After that Dr. Tapan Kumar Chand, Associate Professor of Dept. of Education, and IQAC Coordinator, MKC shared his thoughts on the importance of NSS from the to the college and society. The students were then addressed by Dr. Anindita Ray (Chakravarti), Assistant Professor and Head of Department of Food & Nutrition and Dr. Sayanti Bhowmik, Assistant Professor, Department of Education, teachers who were associated with NSS for a long time in the college. Dr. Chakravarti discussed the goals of NSS and the various activities taken up by prior student volunteers of the NSS. Dr. Bhowmik sang the NSS song and and discussed how NSS volunteers could contribute to the society through the various skills that they would acquire as

members of NSS. A power point presentation was shown to the students which encapsulated the various activities taken up by students of NSS. Ms. Amrita Haldar, Assistant Professor and Head, Department of Political Science concluded the session while Dr. Anindita Hore, Assistant Professor, Department of Political Science gave the vote of thanks.

## **EVENT NOTICE:**



## PROGRAMME SCHEDULE:



### **ATTENDANCE SHEET:**

# <u>TITLE OF THE EVENT</u>: Online HIV & Thalassemia Awareness Programme via Zoom Platform.

#### **OBJECTIVES:**

- To create awareness about the HIV and Thalassemia in students.
- To inform them about the various sources of getting infected by HIV and contracting AIDS.
- To create awareness of the source of Thalassemia, the effect of being sick as a Thalassemia patient.
- To spread the urgency and importance of getting tested for being carriers of the gene and how to accept the situation if one tests positive.
- To acquaint the students on the ways to prevent the genetic spread of the disease.
- To emphasize the importance of donating blood regularly to help patients.
- To develop empathy towards patients with AIDS.

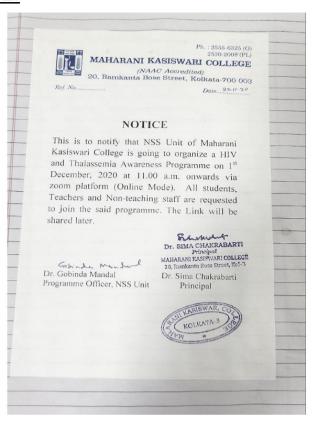
DATE AND DURATION: 1st December, 2020 from 11.00 am to 12.30 pm.

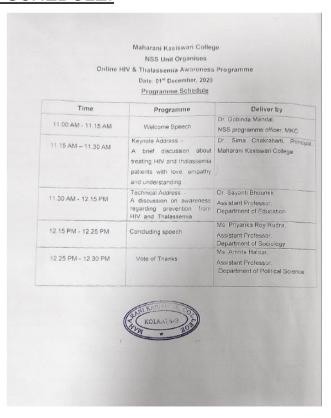
LEVEL OF THE EVENT: College Level.

**NUMBER OF PARTICIPANTS**: 156 students and faculty members.

#### DESCRIPTION OF THE EVENT:

On the occasion of World Aids Day observed on 1<sup>st</sup> December every year, The NSS unit of MKC, organised an awareness programme held online via Zoom Platform due to the prevailing Covid-19 restrictions. The programme was inaugurated by Dr. Gobinda Mandal, Programme Officer of the NSS unit at MKC who welcomed the students and faculty members. The Principal of MKC, Dr. Sima Chakrabarti who delivered the keynote address discussed the psychological and sociological impact on patients suffering from AIDS and Thalassemia and the need to treat such patients with empathy. Dr Sayanti Bhowmik, Assistant Professor, Department of Education, gave a presentation on the sources of HIV, AIDS and its effects She also discussed Thalassemia, need for all to get tested, means of restricting its spread and what to do if one tests positive as a carrier of the gene. Since the college promotes testing of the gene in collaboration with the School of Tropical Medicine in the college premises at a minimal cost, she also urged the students to participate in the camp and get themselves tested once college reopened. Ms Priyanka Roy Rudra, Assistant Professor of the department of Sociology concluded the discussion while Ms. Amrita Haldar, Assistant Professor and Head, Department of Political Science gave the vote of thanks.





## TITLE OF THE EVENT: Digital Awareness Programme via Zoom.

#### **OBJECTIVES:**

- To create awareness the importance of Digital Media in the 21<sup>st</sup> Century and specially during the Covid period and lockdown in students.
- To inform them about the various types of Digital media and its judicious use to stay connected with others.

DATE AND DURATION: 18th January, 2021 from 11.00 am to 01.30 pm.

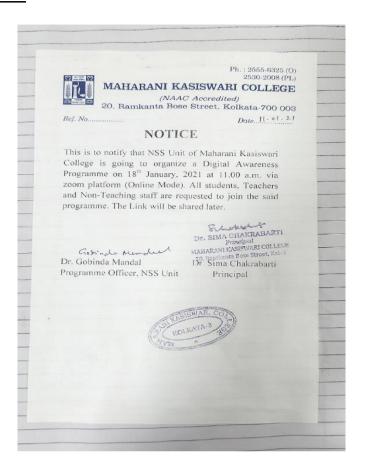
LEVEL OF THE EVENT: College Level.

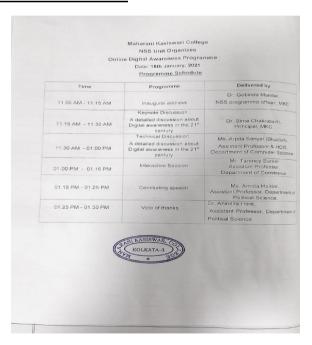
NUMBER OF PARTICIPANTS: 175 students and faculty members.

#### DESCRIPTION OF THE EVENT:

During Covid students were forced to depend on digital means to continue their studies. However not everyone was equipped to face this nor were they aware of the various options available or how to use them. In order to make the students more tech savvy, an online programme on Digital Awareness was organised by the NSS unit via Zoom Platform. The Department of Computer Science were given the responsibility to acquaint both students and faculty regarding the digital options that could assist in the teaching learning process. The programme was inaugurated by Dr. Gobinda Mandal, Programme Officer of the NSS unit at MKC who welcomed the students and faculty members. The Principal of MKC, Dr. Sima Chakrabarti delivered the keynote address and emphasised the need to be digitally aware specially during such trying times when everyone was confined at home. Ms Arpita Sanyal, HOD of the Department of Computer Science then started the technical discussion. She discussed about the need for MOOC in digital learning. Use of tools like Google Classroom, Making of PPTs, use of Jamboard, utility of different social media as assistants to teaching etc. It was a very illuminating discussion. During the Interactive session conducted by

Mr. Tanmay Sarkar, it was found that the students wanted practical demonstration of the various apps discussed. The session was concluded by Ms. Amrita Haldar, Assistant Professor, Department of Political Science with a promise to the students that another session would soon be conducted with videos and practical demonstrations discussing the various features .Dr. Anindita Hore, Assistant Professor and Head, Department of Political Science delivered the vote of thanks and ended the session.





# <u>TITLE OF THE EVENT</u>: Online Training Session on "Usage of Online Resources" via ZOOM Platform.

### **OBJECTIVES:**

- To provide hands on experience of different Online Apps to aid in teaching learning process.
- To help the students navigate through apps that will help them during upcoming online examinations.

DATE AND DURATION: 24th February 2021 from 1.00 pm onwards.

LEVEL OF THE EVENT: College Level.

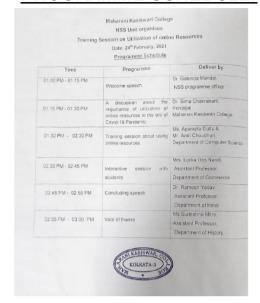
NUMBER OF PARTICIPANTS: 156 students and faculty members.

#### DESCRIPTION OF THE EVENT:

Based on the overwhelming response in the previous session on Digital Awareness, an online training programme was organised by the NSS unit of MKC along with the Department of Computer science for students and faculty via Zoom Platform due to the prevailing Covid-19 restrictions. The programme was inaugurated by Dr. Gobinda Mandal, Programme Officer of the NSS unit at MKC who welcomed the students and faculty members. The Principal of MKC, Dr. Sima Chakrabarti who delivered the keynote address discussed the necessity to know the various options available in this digital age so that teaching- learning can continue in unabated. The training session was conducted by the faculty members of the Department of Computer science- Ms Aparajita Dutta and Mr Amit Choudhuri. They showed step by step videos on the use of Adobe Scan , how to use Google Class etc. The interactive session was conducted by Mrs Lipika Das Nandy, Rudra , Assistant Professor of the department of Commerce and the session was concluded by Dr. Ramesh Yadav, Assistant Professor , department of Hindi and Ms. Sudeshna Mitra Assistant Professor, department of History, delivered the vote of thanks.



## PROGRAMME SCHEDULE:



## **ATTENDANCE SHEET:**

# <u>TITLE OF THE EVENT</u>: Online Spoken English Class via Zoom Platform.

## **OBJECTIVES:**

- To enable students to be proficient in spoken English.
- •To enable students to speak English fluently so that they develop communication skills for the job market.

**DATE AND DURATION:** Every Sunday from May to June, 2021.

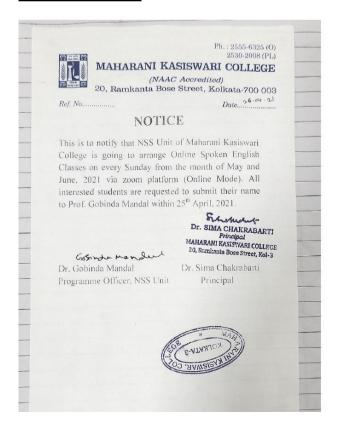
LEVEL OF THE EVENT: College Level.

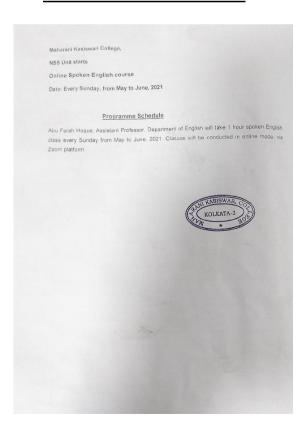
**NUMBER OF PARTICIPANTS**: Approximately 25-30 students

## DESCRIPTION OF THE EVENT:

In order to prepare the students to face job interviews, the NSS organised Online Spoken English Classes through Zoom platform. These classes were conducted for an hour every Sunday by English department faculty member, Mr. Abu Farah Hoque.

## **EVENT NOTICE**:





# <u>TITLE OF THE EVENT</u>: Observing No Tobacco Day via Zoom Platform.

### **OBJECTIVES:**

- To make students aware about the harmful effects of tobacco consumption.
- •To deter students from using tobacco and to enable them to discourage others who are users.

DATE AND DURATION: 31st May, 2021 from 8am to 9.30am.

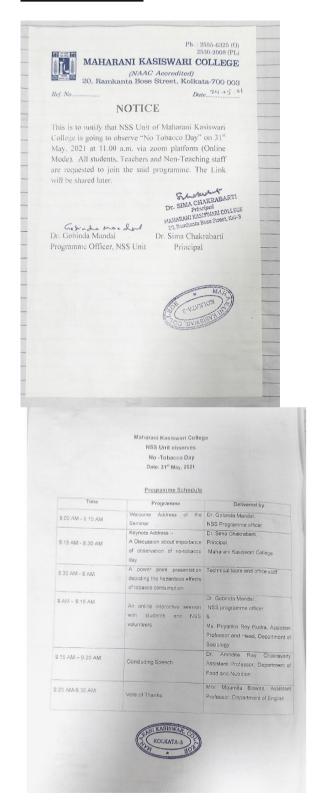
LEVEL OF THE EVENT: College Level.

NUMBER OF PARTICIPANTS: 125-130 students and staff members.

#### DESCRIPTION OF THE EVENT:

On the occasion of No Tobacco Day, the NSS unit of MKC, organised an awareness programme held online via Zoom Platform due to the prevailing Covid-19 restrictions. The programme was inaugurated by Dr. Gobinda Mandal, Programme Officer of the NSS unit at MKC who welcomed the students and faculty members. The Principal of MKC, Dr. Sima Chakrabarti delivered the keynote address and discussed the importance of observing a No Tobacco Day specially amongst the youth today. There has been an alarming rise in smoking, chewing tobacco leaves and gutkha amongst the youth which has also seen a rise in cancer in recent years. She also stressed the need for them to know the bad effects that take place in its consumption and requested the students to avoid this and discourage their friends and family from using tobacco.

An informative video and a ppt presentation that dealt with the harmful effects of tobacco use was shown by the technical team and office staff. An interactive session was held by Dr. Gobinda Mandal and Ms Priyanka Roy, Assistant Professor and Head of Department of Sociology to answer queries by the students. The session was concluded by Dr. Anindita Ray Chakravarty, Assistant Professor and HOD of Nutrition who adroitly summarised the proceedings and Ms. Moumita Biswas, Assistant Professor of Department of English who gave the vote of thanks.



### **EVENT PICTURE:**

#### **EVENT 7**

<u>TITLE OF THE EVENT</u>: Celebrating World Yoga Day via Zoom Platform.

#### **OBJECTIVES:**

- To enable students be acquainted with the benefits of Yoga to relieve stress and bring about general wellbeing .
- •To enable students to know about the benefits of various Pranayams and Asanas which they could adopt in their daily routines.

DATE AND DURATION: 21st June, 2021.

LEVEL OF THE EVENT: College Level.

**NUMBER OF PARTICIPANTS**: Approximately 145 students and teachers.

#### DESCRIPTION OF THE EVENT:

On the occasion of observing and celebrating World Yoga Day, the NSS unit of MKC, organised an awareness cum demonstration programme held online via Zoom Platform due to the prevailing Covid-19 restrictions. The programme was inaugurated by Ms Moumita Biswas, Assistant Professor of Department of English who gave a warm welcome to the students and faculty members. The Principal of MKC, Dr. Sima Chakrabarti an avid believer in Yoga

delivered the keynote address and discussed its health benefits specially in coping with stress and improving health both physically and mentally. Since the Principal practised yoga daily, she also demonstrated various Pranayams to the students and staff members to alleviate their mental and physical health specially during the difficult times faced in Covid. Sri Subimal Deb, the games instructor of the college, also demonstrated various Asanas to boost immunity and overall health of students. The very interesting session was concluded by Dr. Sudipta Ghosh, Assistant Professor, Department of Commerce and by Dr. Tapan Kumar Chand, IQAC Coordinator of the college who gave the vote of thanks.

#### **EVENT NOTICE:**



