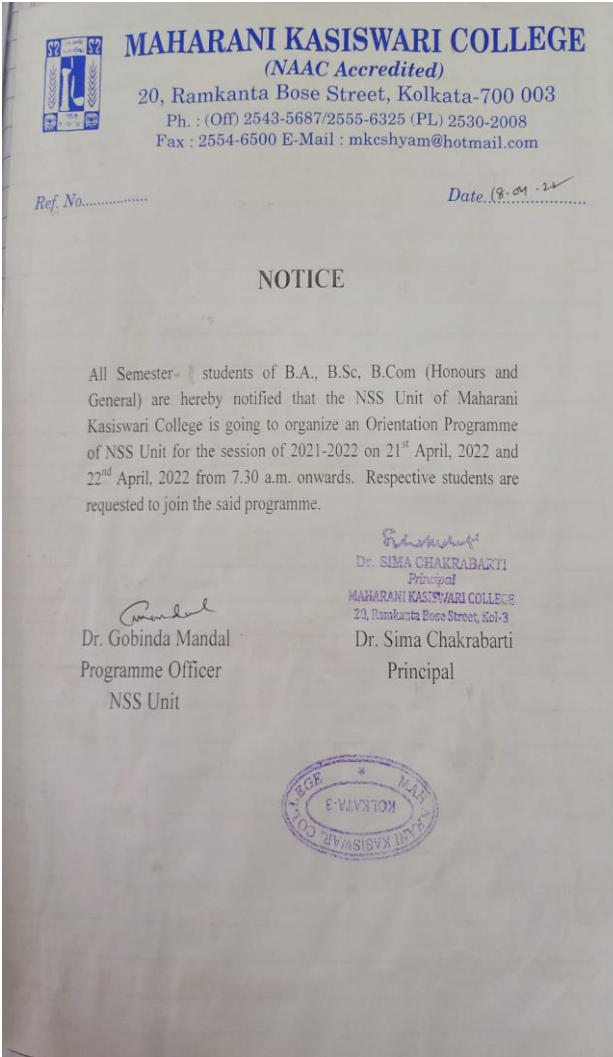


NSS Report 2021-22

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|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event No. | 01 |
| Name of the Event | Orientation Programme |
| Objectives | Objective of NSS is social work. NSS want to promote the mentality of social work among the students. In every year the NSS Unit of Maharani Kasiswari College includes new volunteers. For this purpose we arrange orientation programme. In this programme we inform the students what is NSS, its aims & objectives. We also informed them about our previous activities. Thus we promote the interest about NSS among them. |
| Date & Duration | 28.04.2022-29.04.2022 |
| Uploading Date | |
| Level of Event | College |
| Participants | All students of our college |
| Event Notice |  <p>MAHARANI KASISWARI COLLEGE (NAAC Accredited) 20, Ramkanta Bose Street, Kolkata-700 003 Ph. : (Of) 2543-5687/2555-6325 (PL) 2530-2008 Fax : 2554-6500 E-Mail : mkeshyam@hotmail.com</p> <p>Ref. No..... Date: 28.04.22</p> <p>NOTICE</p> <p>All Semester- students of B.A., B.Sc, B.Com (Honours and General) are hereby notified that the NSS Unit of Maharani Kasiswari College is going to organize an Orientation Programme of NSS Unit for the session of 2021-2022 on 21st April, 2022 and 22nd April, 2022 from 7.30 a.m. onwards. Respective students are requested to join the said programme.</p> <p>Dr. Gobinda Mandal Programme Officer NSS Unit</p> <p>Dr. SIMA CHAKRABARTI Principal MAHARANI KASISWARI COLLEGE 20, Ramkanta Bose Street, Kol-3 Dr. Sima Chakrabarti Principal</p> |

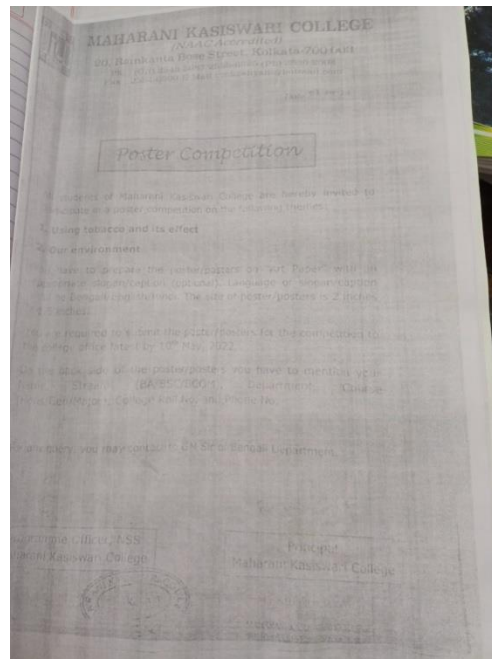
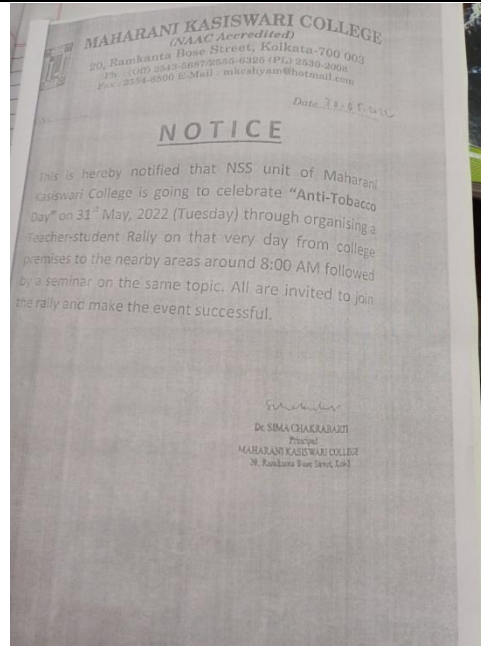
NSS Report 2021-22



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|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event No. | 02 |
| Name of the Event | Anti-Tobacco- Day |
| Objectives | It is known to us, tobacco causes cancer. In every year many people die of Cancer due to taking tobacco. Tobacco also causes various diseases. World Health Organization trying to conscious against tacking tobacco. For this purpose 31 st May is declared as Anti-Tobacco- Day. Every year NSS Unit of Maharani Kasiswari College celebrates this day for fulfilling the purpose of WHO. |
| Date & Duration | 31 st May,2022 |
| Events | Poster Competition, Rally |
| Level of Event | College |
| Participants | All NSS Volunteers, Teaching & Non-teaching Stuff, Students other than NSS Volunteer. |

NSS Report 2021-22

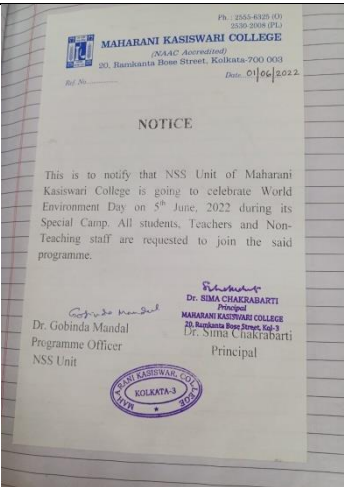

Event Notice




Event Picture



NSS Report 2021-22

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|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event No. | 03 |
| Name of the Event | World Environment Day |
| Objectives | Due to pollution today our world is in danger. Water, soil, air etc. all aspects of environment is polluted. If we do not conscious about environment, the future human race will abolished from the world. For saving the world as well as the human race we need to conscious about environment. Every year 5 th June is observed as world environment day. On that day in the year of 2022 the NSS Unit of Maharani Kasiswari College also celebrated that day. Aims of this programme were to conscious the people about environment at the same time arising love towards the environment. |
| Date & Duration | 5 TH June,2022 |
| Events | Poster competition, tree planting |
| Level of Event | College |
| Participants | All NSS Volunteers, Teaching & Non-teaching Staff, Students other than NSS Volunteer. |
| Event Notice |  |
| Event Picture |  |

NSS Report 2021-22

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|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event No. | 04 |
| Name of the Event | International Yoga Day |
| Objectives | Health is wealth. If we want to deal happy life, we need good physical & mental health. International Yoga Day observed to promote the health conscious among the people. On the vary day NSS Unit of Maharani Kasiswari College celebrates by various programme. Purpose of observing the day is to arise the conscious about health among the students. At the same time in this day we do various physical exercise, yoga etc. |
| Date & Duration | 21.06.22 |
| Events | Yoga & exercise, seminar |
| Level of Event | college |
| Participants | NSS & NCC Volunteers, Teaching & Non-teaching Stuff of our college |
| Event Notice | |
| Event Picture |  |

NSS Report 2021-22

**MAHARANI KASISWARI COLLEGE
SEVEN DAYS SPECIAL CAMP
ORGANISED BY NSS UNIT
(30TH MAY2022- 05TH JUNE 2022)
PROGRAMME SCHEDULE**

| DATE | TIME | PROGRAMME DETAILS | DELIVERED/CONDUCTED BY |
|-------------------|-----------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| 30.05.2022 | 7.30AM-9.30AM | REGISTRATION | TEACHER MEMBERS OF NSS UNIT |
| | 9.30AM-11.00AM | INAUGURATION BY LIGHTING THE LAMP | PRINCIPAL OF THE COLLEGE &THE NSS CO-ORDINATOR DR. GOBINDO MANDAL |
| | 11.00AM-11.30AM | TEA BREAK | |
| | 11.30AM-1.30PM | GROUP DISCUSSION ON “EFFECT OF PANDEMIC ON STUDENTS- IMPACT ON EDUCATION, AND GENERAL WELL-BEING” | COORDINATED BY DR. SAYANTI BHOWMIK, ASSISTANT PROFESSOR, DEPARTMENT OF EDUCATION |
| | 1.30PM-2.30PM | LUNCH BREAK | |
| | 2.30PM-3.00PM | OVERVIEW OF THE DAY'S PROGRAMME | DR. DIPTI DAS CHAKRABORTY, ASSOCIATE PROFESSOR, DEPARTMENT OF PHILOSOPHY |
| 31.05.2022 | 7.30AM-9.30AM | RALLY FOR CREATING AWARENESS AGAINST THE CONSUMPTION OF TOBACCO | ALL PRESENT TEACHERS, NON TEACHING STAFF & STUDENTS |
| | 9.30AM-10.30AM | TIFFIN BREAK | |
| | 10.30AM-11.30AM | POSTER COMPETITION | ALL INTERESTED STUDENTS |
| | 11.30AM-1.30PM | SPEECH OF THE INVITED GUEST | Dr. DEBENDRA MOHANTO, CALCUTTA HEART CLINIC |
| | 1.30PM-2.30PM | LUNCH BREAK | |
| | 2.30PM-3.00PM | DISPLAY OF SHORT MOVIE ON ANTI TOBACCO AWARENESS | DR. ANINDITA RAY (CHAKRAVARTI), ASSISTANT PROFESSOR & HOD, DEPT. OF FOOD & NUTRITION |

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| DATE | TIME | PROGRAMME DETAILS | DELIVERED/CONDUCTED BY |
|------------|--------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| 01.06.2022 | 7.30AM-9.30AM | LECTURE ON NUTRITIONAL AWARENESS | DR. ANINDITA RAY (CHAKRAVARTI), ASSISTANT PROFESSOR & HOD, DEPT. OF FOOD & NUTRITION |
| | 9.30AM-10.30AM | TIFFIN BREAK | |
| | 10.30AM-1.30PM | DEMONSTRATION OF LOW COST HEALTHY MEAL PREPARATION | MS. SAJIDA KHATOON, ASSISTANT PROFESSOR, DEPT. OF FOOD & NUTRITION & DR. SANGITA MANNA, SACT, DEPT OF FOOD & NUTRITION |
| | 1.30PM-2.30PM | LUNCH BREAK | |
| | 2.30PM-3.00PM | OVERVIEW OF THE DAY'S PROGRAMME | MR. SOURAV DUTTA MUSTAFI, ASSISTANT PROFESSOR, DEPT. OF COMMERCE |
| 02.06.2022 | 7.30 AM - 9.30 AM | LECTURE ON BASIC COMPUTING AWARENESS | MR. AMIT CHOUDHURY, SACT, DEPT. OF COMPUTER SCIENCE |
| | 9.30 AM - 10.30AM | TIFFIN BREAK | |
| | 10.30 AM - 1.30PM | ICT PRACTICAL TRAINING | MRS. ARPITA BHADURI, ASSISTANT PROFESSOR, DEPT. OF COMPUTER SCIENCE |
| | 1.30 PM - 2.30PM | LUNCH BREAK | |
| | 2.30 PM - 3.00PM | OVERVIEW OF THE DAY'S PROGRAMME | MRS. APARAJITA DUTTA, SACT, DEPT. OF COMPUTER SCIENCE |
| 03.06.2022 | 7.30 AM - 9.30 AM | LECTURE & DEMONSTRATION OF VARIOUS YOGA POSTURES, ASANAS & PRANAYAM | DR. SIMA CHAKRABARTI, PRINCIPAL |
| | 9.30 AM - 10.30 AM | TIFFIN BREAK | |
| | 10.30 AM - 1.30 PM | PRACTICAL TRAINING TO THE NSS VOLUNTEERS | LT. SHUKLA SARKAR, ASSISTANT PROFESSOR, DEPT. OF HISTORY & NCC CADETS |
| | 1.30 PM - 2.30 PM | LUNCH BREAK | |
| | 2.30 PM - 3.00 PM | MEDITATION SESSION | DR. SIMA CHAKRABARTI, PRINCIPAL |
| 04.06.2022 | 7.30AM-9.30AM | SEMINAR ON WOMENS' MENTAL HEALTH AND PSYCHOLOGICAL PROBLEMS WITHH THEIR SOLUTIONS | MS. ANWISTHA GANGULY, HOD OF THE DEPT., PSYCHOLOGY |
| | 9.30AM - 10.30AM | TIFFIN BREAK | |
| | 10.30AM- 01.30 PM | INDIVIDUAL COUNSELLING OF THE STUDENTS | TEACHERS OF THE PSYCHOLOGY DEPARTMENT |
| | 1.30PM-2.30PM | LUNCH BREAK | |
| | 2.30PM-3.00PM | LECTURE ON NGO'S ACTIVITIES WHO DEALS WITH WOMENS' ISSUES | MRS. PRIYANKA ROY RUDRA , ASSISTANT PROFESSOR, DEPT. OF COMMERCE |

NSS Report 2021-22

| | | AND MENTL HEALTH | |
|-------------------|-------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| | | | |
| DATE | TIME | PROGRAMME DETAILS | DELIVERED/CONDUCTED BY |
| 05.06.2022 | 7.30AM-9.30AM | RALLY ON WORLD ENVIRONMENT DAY | ALL PRESENT TEACHERS, NON TEACHING STAFF & STUDENTS |
| | 9.30AM-10.30AM | TIFFIN BREAK | |
| | 10.30AM-11.30AM | SEMINAR :: SPECIAL TALK ON IMPORTANCE OF WORLD ENVIRONMENT DAY AND A GREEN WORLD | DR. SAYANTI BHOWMIK, ASSISTANT PROFESSOR, DEPT. OF EDUCATION |
| | 11.30AM-12.30PM | PLANTING OF SAMPLINGS IN AND AROUND THE COLLEGE PREMISES | PRINCIPAL ALONG WITH ALL TEACHERS AND STUDENTS OF THE COLLEGE |
| | 12.30AM-1.30PM | DISTRIBUTION OF PLANTS TO STUDENTS | PRINCIPAL, TEACHING MEMBERS OF NSS ALONG WITH SOME REPRESENTATIVES OF LOCAL BANKS |
| | 1.30PM-2.30PM | LUNCH BREAK | |
| | 2.30PM-3.30PM | VALEDICTORY SESSION AND CLOSING CEREMONY | DR. SIMA CHAKRABARTI, PRINCIPAL DR. GOBINDO MANDAL, NSS COORDINATOR |
| | 3.30 PM – 3.45 PM | VOTE OF THANKS | MS. AMRITA HALDAR, ASSISTANT PROFESSOR, DEPT. OF POLITICAL SCIENCE |