



ARPITA MAJI,

Consultant and Counselling psychologist; MSc. Psychology

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A Psychology enthusiast inclined on spreading mental health awareness with focus on education and empowerment of specially-abled children and survivors of bully and trauma, bearing the conviction that queer-affirmative psychological practice is not just a specific type of therapy and psycho-education should be a part of life.

EDUCATION

- Completed **MSc.** in Psychology from University of Calcutta with **CGPA:7.69**, **CLASS:** First, **GRADE:** A
- Completed **BSc.** in Psychology Honours from Loreto College with **CLASS:** First, **Marks obtained:** 532, 66.5%; Pass subjects: Economics and Education
- Passed **Higher Secondary** examination from Bidya Bharati Girls' High School with **Aggregate Percentage:** 92.8
- Passed **Secondary Examination** from Bidya Bharati Girls' High School with **Aggregate Percentage:** 88.29

EXPERIENCE

- Currently working as a Guest Lecturer in Bachelors in Psychology department of Maharani Kasiswari College
- Currently working as a 'Guest faculty' in MSC in Clinical Psychology program in Institute of Management Study(IMS) Kolata under MAKAUT
- Currently working as a Consultant and Counselling Psychologist
- Currently working on a Research paper under supervision
- Certification in Art Therapy from Udemy
- Certification in Transaction Analysis from Udemy
- Completed Beginner's course on Graphology from Indian Institute of Graphology
- Certification in Suicide Prevention Training from Happy Space Center for Mental Health & Research, Bangalore
- Completed a Colour Therapy Program from Science of Well Being
- Completed seminar on Disability management arranged by Calcutta University under the guidelines of the UGC

- Completed a Dissertation on ‘Effect of Cybervictimization on Self-Compassion, Self-Esteem and Self-Efficacy of Adolescents’ as a part of MSc curriculum
- Attended seminar on Sexual Harassment and related Legal Procedure
- Attended seminar on Neuropsychology conducted by Saranya Banerjee
- Attended workshop on Stress and Anxiety Management by Anubhav Positive Psychology Clinic
- Attended workshop on Attention Enhancement by Anubhav Positive Psychology Clinic
- Attended a workshop on Dance Movement Therapy
- Attended ‘Moner Pathshala’ a residential workshop on Queer-affirmative therapy and awareness of the Queer-community
- Attending a course on Art Therapy and Transaction Analysis from Udemey
- Attended workshop on Parapsychology by Enigma

INTERNSHIP

- Completed a 3-month Internship as Clinical Psychologist at Calcutta Pavlov Hospital (Calcutta National Medical College & Hospital) as a part of M.Sc. curriculum.
- Completed a 60-hours Internship as Counselling Psychologist at Silent Door- Unleash Your Mind, MSME Registered
- Currently working as a Career Counselling intern at Career DNA

TECHNICAL SKILLS

- Experienced in teaching Masters and Graduation students
- Practiced in performing Statistical Analysis and Graphical Analysis using SPSS software
- Experienced in performing Psychological Testing
- Experience in patient handling, interviewing and data collection.
- Experienced in Literature Review
- Proficient in using MS Word, MS Excel, MS Power-point, Google Slide
- Basic skills in Data Handling
- Worked as Content writer

PERSONAL SKILLS

- Have published two anthologies of poems named, ‘Recollection in Quarantine’ and ‘Once’ along with other writers and wrote Epilogue for the book ‘Kashmiran’
- Served in the Student Council of Loreto College as the Vice-president of the Psychology society
- Worked as a journalist for Young Metro Force in school
- Professionally trained in Calligraphy
- Participated in multiple inter-school debate, recitation and elocution competitions for building public speaking skills
- Awarded Student Of The Year by Times Of India in 2016.