

MAHARANI KASISWARI COLLEGE

(NAAC Accredited)

20,Ramkanta Bose Street, Kolkata-700 003 Ph. : (Off) 2543-5687 / 2555-6325 (PL) 2530-2008 Fax : 2554-6500 E-Mail : mkcshyam@hotmail.com

REPORT ON EVENTS CONDUCTED BY NSS UNIT OF MAHARANI KASISWARI COLLEGE DURING THE SESSION 2021-22

EVENT 1

TITLE OF THE EVENT: Pre-Puja Cultural Programme

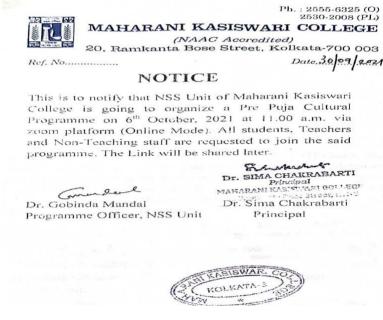
DATE AND DURATION: Date: 6th October, 2021 at 12 to 2pm (Online)

LEVEL OF THE EVENT: College Level

OBJECTIVES:

- To help students to develop a range of skills and knowledge in different contexts
- To provide students with the opportunity to express themselves
- To build self confidence
- To develop social skills that are essential for their holistic development

NOTICE:



NUMBER OF PARTICIPANTS: 100 (Approximately)

Program Schedule:

Maharani Kasiswari College,

NSS unit conducts

Pre-Puja Cultural Programme

Date: 6th October, 2021

	Programme Schedule	
Time	Programme	Delivered by
12.00 Noon -12 15 PM	Welcome Address	Dr. Gobinda Mandal, NS programme officer
12.15 PM-12.30 PM	Sharing thoughts about why celebrating is important, even in the midst of a pandemic	Dr. Sima Chakrabarti, Principa Maharani Kasiswari College
12.30 PM -12.45 PM	Indian classical dance	Siuli Palit, 6 th semester studen Maharani Kasiswari College
12.45 PM -1.00 PM	Western dance	Natasha Sen, 6 th semester studer Maharani Kasiswari College
1.00 PM -1.15 PM	Recitation	Rishita Guha, 4 th semester studer Maharani Kasiswari College
1.15 PM -1.30 PM	Indian classical song	Rupsa Barua, and Sanchari De, 2 semester student
.30 PM -1.45 PM	Rabindra sangeet	Dr Sima Chakrabarti, Principa Maharani Kasiswari College
.45 PM -2:00 PM	Concluding Speech	Dr Sayanti Bhoumik, Associa Professor, Department Education.

DESCRIPTION OF THE EVENT:

The programme was initiated by the welcome address by Mr. Gobinda Mandal, Programme Officer of the NSS unit of Maharani Kasiswari College. Thereafter, Dr. Sima Chakrabarti, Principal of Maharani Kasiswari College delivered a speech sharing her thoughts about the importance of celebrating our festivals even in the midst of a pandemic. This was followed by an Indian classical dance performance presented by Siuli Palit, 6th semester student. Next a western dance performance was presented by Natasha Sen, 6th semester student. The cultural program continued with the recitation performance given by Rishita Guha, 4th semester student, followed by Indian classical song sung by Rupsa Barua, and Sanchari De, 2nd semester students.

Thereafter, Dr. Sima Chakrabarti, Principal of the college sung a soul-touching Rabindra Sangeet. Finally, the programme ended with concluding speech by Dr. Sayanti Bhaumik, Assistant Professor, Department of Education, Maharani Kasiswari College.

Flyer of the event:



Flyer of Pre-Puja Cultural Programme

EVENT 2:

NSS ORIENTATION PROGRAMME FOR SEMESTER II STUDENTS

OBJECTIVES:

- To motivate, enroll and orient students for joining NSS
- To motivate the NSS volunteers for working for their community
- To identify the needs and problems of the community
- To involve students in problem solving strategies
- To develop a sense of social and civic responsibility
- To gain skills in mobilizing community participation
- To acquire leadership qualities and democratic values
- To develop capacity to meet emergencies and natural disasters
- To practice national integration and social harmony

DATE AND DURATION: 21.04.2022 & 22.04.2022 from 7.30 A.M to 10:30 A.M

LEVEL OF THE EVENT: College Level

NUMBER OF PARTICIPANTS: 59

DESCRIPTION OF THE EVENT:

The orientation programme on the both the days for semester-II & IV students (Hons. & Gen.) of B.A., B.Sc., B.Com students was arranged by the NSS unit of Maharani Kasiswari College. The programme started with the welcome address by given by Mr. Gobinda Mandal, Programme Officer of NSS, MKC and Dr.Sima Chakrabarti, principal of MKC. In the first segment of the program the General students of the three streams were addressed by the Principal of MKC, Dr. Sima Chakrabarti who delivered the inaugural speech for motivating students for joining NSS. Next, Prof. Sukla Sarkar, Assistant Professor of Dept. of History, shared her thoughts on the importance of NSS.

In the second segment the students from B.A hons. were addressed by the Principal of MKC, Dr. Sima Chakrabarti who delivered the inaugural speech for motivating students for NSS. After that Dr.Sayanti Bhowmick, Assistant Professor of Dept. of Education, shared her thoughts on the importance of NSS .This was followed by the third segment where the B.Sc hons and Major students were motivated by Principal Madam and Dr. Sudipto Ghosh, Assistant Professor of Dept.of Commerce. In the Final segment of the Program the students from B.A and B.Sc general stream were addressed and motivated by the Principal of MKC, Dr. Sima Chakrabarti followed by Dr. Tapan Kumar Chand, Associate Professor of Dept. of Education, and IQAC Coordinator MKC who shared his thoughts on the importance of NSS from IQAC point of view.

Notice:



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Ph. : (Off) 2543-5687/2555-6325 (PL) 2530-2008
Fax : 2554-6500 E-Mail : mkcshyam@hotmail.com

Ref. No.....

Date. 18-04 . 21

NOTICE

All Comester- I students of B.A., B.Sc, B.Com (Honours and G_{ℓ})) are hereby notified that the NSS Unit of Maharani Kasiswari College is going to organize an Orientation Programme of NSS Unit for the session of 2021-2022 on 21st April, 2022 and 22nd April, 2022 from 7.30 a.m. onwards. Respective students are requested to join the said programme.

amendel Dr. Gobinda Mandal Programme Officer NSS Unit

Constant of the sum of Principal



Notice for schedule:

NOTICE

NSS ORIENTATION PROGRAMME FOR SEMESTER II STUDENTS DATE & TIME OF THE EVENT: 21.04.2022 [THURSDAY]

TIME OF THE EVENT: 7,30 A.M. ONWARDS

GROUP OF STUDENTS	TIMING	ADDRESS BY
B.COM HONS. & B.COM GENERAL	7.30 A.M. TO 8.00 A.M.	Principal Madam & prof. Shukla Sarkar
B.A. HONOURS	8.15 A.M. TO 8.45 A.M.	Principal Madam & Dr.Sayanti Bhoumik
B.SC HONOURS AND MAJOR	9.00 A.M. TO 9.30 A.M.	Principal Madam & Dr. Sudipta Ghosh
B.A. AND B.SC GENERAL	9.45 A.M. TO 10.15 A.M.	Principal Madam & Dr. Tapan kumar Chand

NSS ORIENTATION PROGRAMME FOR SEMESTER IV STUDENTS DATE & TIME OF THE EVENT: 22.04.2022 [FRIDAY]

TIME OF THE EVENT: 7.30 A.M. ONWARDS

GROUP OF STUDENTS	TIMING	ADDRESS BY
B.COM HONS, & B.COM GENERAL	7.30 A.M. TO 8.00 A.M.	Principal Madam & Dr. Ramesh Yaday
B.A. HONOURS	8.15 A.M. TO 8.45 A.M.	Principal Madam & Dr.Sayanti Bhoumik
B.SC HONOURS AND MAJOR	9.00 A.M. TO 9.30 A.M.	Principal Madam & Dr. Sudipta Ghosh
B.A. AND B.SC GENERAL	9.45 A.M. TO 10.15 A.M.	



Attendance sheet:

14 14-12	VOLUNTEER NAME	NOBILE	DEPARTMENT/SUBJECT OF STUDY	CLASS OF STUDY	SIGNATURES
1	Ankita Roy	6290950991	FNTA-H	5th sem.	Amkita Roy
2	Nisha Rajak	8240082718	Sociology Honrs	3rd sem.	Nisha Reiak
3	Sutanuka Saha	9830620987/	Sociology Hons.	3rd sem.	Sutanuka Sah
4	Privanka kohar	9163862644	Political science honS	5th sem.	Fillingerka Kaba
5	Titly Biswas	7980435609	FNTA	3rd sem.	Titly Biswas
6	Rani Shaw	6291656125	B.a. genaral	2nd sem.	Romi Shaw
7	SURUCHI MISHRA	8902736718	B.COM(HONOURS)	4th sem.	Russuchi Histora
-		6289366500	English Honours	3rd sem.	Feba Hazza
8	Esha Hazra Deesha Sarkar	7685843729	History honours	3rd sem.	Josha Sorekaz
9		9836026343	B.A General	3rd sem.	Amisha Cron
10	Amisha Gond	6289650135	Food & nutrition(FNTA)	3rd sem.	She lita Das
11	Srejita Das		Bcom	5th sem.	Pringa Shaci
12	Priya shaw	9073896779	Sociology honours	4th sem.	Dibika verme
13	Dipika Verma	9875304734	B.COM(GENERAL)	4th sem.	Mandina mahat
14	MANDIRA MAHATO	9831026222	SOCIOLOGY (HONS)	5th sem.	Grangi Biswas
15	GARGI BISWAS	9330479933		4th sem.	Micha Maha
15	Nisha Saha	9038587800	B.Com.(Honours) ENGLISH Honours	3rd sem.	Supero Somodda
17	Sweta Samaddar	9830259411	ENGLISH Honours	Stu sem.	Stappy Stations
18	Tuli Rani saha	92368.9614/ 6289589397	B.a. genaral	3rd sem.	Tuli Romi Saho
19	Priti Hazra	7439435160	Bengali	3rd sem.	Poristi Hazola
20	Sugandha Kumari Singh	9163320054	Bcom General	3rd sem.	Sugandha singh.
21	Barannya Bhattacharyya	9123730580	B.A Hons. (Education)	3rd sem.	Bhattacharry
22	JYOTI MESHRA	9903597761	BCOM HONOURS	4th sem.	Jyoti mishola
23	ArshaGupta	6289668326	Commerce	5th sem.	Arsha Crupta
24	Sangita Saha	6289577145	Political science	3rd sem.	Somerica, Saba
25	Sneha Neogi	9163072102	Education Honours	3rd sem.	Smetra Nacal
26	Rakhi Bhardwaj	6289341972	B.com (honours)	5th sem.	Rakhi Bhardwoo
27	Pritisa Mondal	9674888460	Bengali	3rd sem.	Paritisa Monda
28	Prokrita Dey	19830848047	EDUCATION	3rd sem.	Parokisita Deg
29	Puja Shaw	8910758980	BA Honors	2nd sem.	Puja shaw
30	Nabanita Ghosh	7439442181	Nutrition honours	5th sem.	Nabanita Ghos
31	Ankita Biswas	7439858982	B.A GENERAL	2nd sem.	Amkita Bisco
32	Sunita Karmakar	\$597260075	ood and Nutrition honou	Sth sein.	ssimile Kasanaka
33	Sneha Bhattacharjee	6289371471	Bsc. General	3rd sem	Sneha Bhattacharge
34	Pratiti Chakrabarti	5062633736	B.Com Honours	3rd Sent.	Pzatiti chakorab
35	Bandana vadav	7439229980	BA General	2nd sem.	(Boardoana 200day

36	ARATI SHAW	7003668064	B.COM HONOURS	5th sem.	Astati Shar
37	SUCHITRA	9674224149	BA GENERAL ARTS	2nd sem.	Suchitura.
38	Puja Chakraborty	8910293933	Sociology	5th sem.	Ruja Chokenak
39	Tanushree Adak	9330377344	B. Com (Honours)	3rd sem.	Tanushouse Adal
40	Shreya Roy	6289536520	B.Com Honours	3rd sem.	Shorey a Roy
41	Disha Debnath	6290594813	B.COM (H)	3rd sem.	Dieha Dobr
42	Pinki kumari prasad	7439136235	Commerce	Sth sem.	Pinkikumeni B
43	Sukla Pal	9051183194	English	3rd Sem.	Sukla Pail
44	Sweta Saha	9051649240	Bengali	3rd sem/	Supeta Sal
45	Bhumika Routh	8100096376	B.A General	2nd sem.	Bhumika Bp
46	Jamuna Patra	9330516801	B.A. General	2nd sem.	Jamuna la
47	Sanchita Pal	8482077560	Food and Nutrition	3rd sem.	Samohita Pa
48	Kavita Thakur	7603937946	B.A. General	2nd sem.	Kalle The Ker
49	adhushree Chatterje	9432831499	FNTA	3rd sem.	Adhushare chat

50 Abbinandian 6290339895 Ronkelogy 1000 and Son Alinandan Chehrenter 19 51. Sanjana Gulfa 932012696 B.con (Hons) - 64500 Sanjana Greph

Event 4: NSS SPECIAL CAMP

OBJECTIVES:

- To motivate the NSS volunteers for working for their community
- To identify the needs and problems of the community
- To involve students in problem solving strategies
- To develop a sense of social and civic responsibility

- To gain skills in mobilizing community participation
- To acquire leadership qualities and democratic values
- To develop capacity to meet emergencies and natural disasters
- To practice national integration and social harmony

DATE AND DURATION: 30TH MAY 2022 - 05TH JUNE 2022 at 7:30 AM to 4PM

LEVEL OF THE EVENT: College Level

NUMBER OF PARTICIPANTS: 59

DESCRIPTION OF THE EVENT

Day -1

The first day of the Camp opens with the registration of the students under the supervision of the NSS committee members. After Registration, the program was initiated by the welcome address by Mr. Gobinda Mandal, Programme Officer of NSS unit of MKC and enlightenment of inaugural lamp Dr. Sima Chakrabarti and Mr. Gobinda Mondal. After the Tea Break, a group discussion on "EFFECT OF PANDEMIC ON STUDENTS - IMPACT ON EDUCATION, AND GENERAL WELL-BEING" was coordinated by Dr. Sayanti Bhoumik, Assistant Professor in Dept. Of Education. The program of the day ended with an overview assessed by Dr. Dipti Chakraborty, Associate Professor in Dept. Of Philosophy.

Day -2

The second day of the venture started with a **RALLY FOR CREATING AWARENESS AGAINST THE CONSUMPTION OF TOBACCO**, actively participated by the students, Professors and the non-teaching staff followed by a Poster Competition participated by the students of MKC. Next, the guest speaker Dr. DEBENDRA MOHANTO, CALCUTTA HEART CLINIC deliberated the keynote address speech on disadvantages of consuming tobacco followed by the display of a short movie on anti-tobacco awareness under the supervision of Dr. Anindita Chakraborty, Assistant Professor in Dept. of Food and Nutrition.

Day -3

The third day of the program initiated with a lecture on Nutritional Awareness presented by Dr. Anindita Ray Chakraborty, Assistant Professor in Dept. of Food and Nutrition. After the tiffin break a **DEMONSTRATION OF LOW COST HEALTHY MEAL PREPARATION** was presented by MS. Sajida Khatoon, Assistant Professor in Dept. of Food and Nutrition & DR. Sangita Manna, SACT, in Dept. of Food and Nutrition. The day was concluded by an overview presented by Prof. Sourav Dutta Mustafi, Assistant Professor, Dept. of Commerce.

Day - 4

The Fourth day of the program initiated with a lecture on **BASIC COMPUTING AWARENESS** presented by Mr. Amit Choudhury, SACT, Dept. of Computer Science followed by ICT PRACTICAL TRAINING conducted by Mrs. Arpita Bhaduri, Assistant Professor, Dept. of Computer Science The day was concluded by an Overview presented by Mrs. Aparajita Dutta, SACT, Dept. of Computer Science

Day - 5

The Fifth day of the Camp was initiated by a **LECTURE & DEMONSTRATION OF VARIOUS YOGA POSTURES, ASANAS & PRANAYAM** presented by the Principal of MKC, Dr. Sima Chakraborty. After the tiffin break a practical training session for the NSS volunteers was coordinated by Lt. Shukla Sarkar, Assistant Professor of Dept. of History followed by a Meditation session coordinated by the Principal of MKC, Dr. Sima Chakraborty.

Day - 6

The sixth day of the Camp was initiated with a seminar **ON WOMENS' MENTAL HEALTH AND PSYCHOLOGICAL PROBLEMS WITH THEIR SOLUTIONS** conducted by MS. Anwistha Ganguly, HOD of the Dept. Psychology followed by a session of individual counseling sessions arranged by the Dept. of Psychology. The day was concluded by a lecture on some of the NGOS' activities that deals with **WOMENS' ISSUES AND MENTAL HEALTH** presented by Prof. Priyanka Roy, Assistant Professor, Dept. of Sociology.

Day - 7

The final day of the camp started with a rally participated by the teachers, students and non-teaching staff. It was followed by a special talk on **IMPORTANCE OF WORLD ENVIRONMENT DAY AND A GREEN WORLD** presented by Dr. Sayanti Bhoumik, Assistant Professor, Department of Education, MKC. This was followed by planting of plant saplings in and around the college premise and distribution of plants to the students by the Principal of MKC, Dr. Sima Chakraborty assisted by the teachers and students of MKC. The programme ended with a concluding speech by the Principal of MKC, Dr. Sima Chakraborty and Mr. Gobinda Mandal, Programme Officer of NSS unit of MKC and vote of thanks by Smt. Amrita Haldar, Assistant Professor of Dept. of Political Science, MKC.

ATTENDANCE SHEET:

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Pictures:



Dr. Sayanti Bhoumik discussing about the impact of pandemic on education



Ms. Arpita Bhaduri discussing about basic computing awareness



Ms. Priyanka Roy pointing out the effect of pandemic on mental health



Dr. Sayanti Bhoumik educating about the importance of green environment



NSS volunteers demonstrating different yoga postures



Dr. Anindita Ray Chakraborty giving a lecture on nutritional awareness

Event 5:

Name of the Event: Observation of Anti-Tobacco- Day

Date & Duration:

31st May, 2022, 8-11 AM

Type of event: Poster Competition, Rally

Objectives:

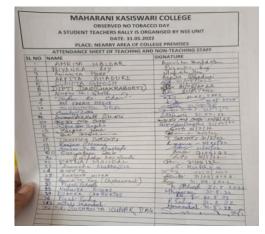
- Creating awareness about the health risks associated with usage of tobacco
- Making people aware about the environmental impact of tobacco usage.
- Sensitizing the community about predatory tobacco marketing that lures potential customers for its own benefits.

Notice:

MAHARANI KASISWARI COLLEGE NOTICE is hereby notified that NSS unit of Maharan warl College is going to celebrate "Anti-Tobaco on 31" May, 2022 (Tuesday) through organising a emises to the nearby areas around 8:00 AM followed DE SIMA CHARABAICH Principal CARARANI KASIC WASI COLLECT

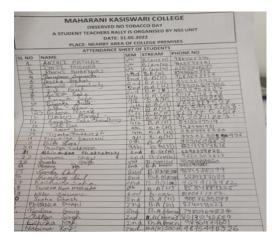
Notice for poster competition NUMBER OF PARTICIPANTS: 68

ATTENDANCE SHEETS:



Attendance sheet of teachers

Notice for observation of anti-tobacco day



Attendance sheet of students

DESCRIPTION OF THE EVENT:

Every year on 31st May the NSS unit of Maharani Kasiswari College organises rally and poster competition for spreading awareness about tobacco consumption. The main purpose of this event is to make people conscious about the health hazards of tobacco and the steps they can implement for living a tobacco-free, healthy life. Apart from organizing a rally, the NSS unit also organises a poster competition that demonstrates the damaging impact of tobacco consumption. A seminar is also organized where eminent speakers discuss how we can spread awareness about tobacco usage among the community.

PICTURES:



Teachers and students before starting the rally



Highlighting the ill-effects of tobacco usage





Walking in the rally

Creating community awareness about tobacco consumption

Event 6

TITLE OF THE EVENT: CELEBRATION OF WORLD ENVIRONMENT DAY

DATE AND DURATION: Date: 5.6.2022

LEVEL OF THE EVENT: College Level

OBJECTIVES:

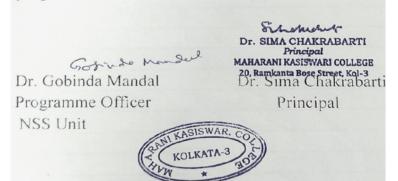
- To promote awareness about protecting our environment
- To motivate students, teachers and other members of the college for making simple, yet impactful steps for reducing pollution
- To equip everyone with knowledge about environmental issues.

NOTICE:



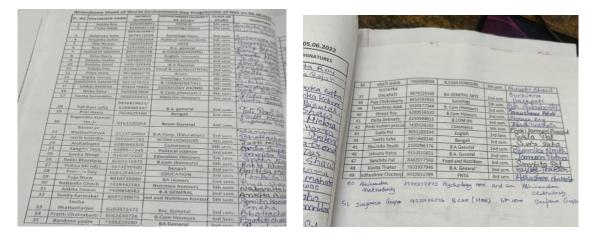
NOTICE

This is to notify that NSS Unit of Maharani Kasiswari College is going to celebrate World Environment Day on 5th June, 2022 during its Special Camp. All students, Teachers and Non-Teaching staff are requested to join the said programme.



NUMBER OF PARTICIPANTS: 51

ATTENDANCE SHEET:



DESCRIPTION OF THE EVENT:

The World Environment Day was celebrated with the motto of spreading awareness about environmental issues. The main purpose of the event was to make people realise about the simple but effective steps they can take for reducing environmental pollution and wastage, thereby creating a healthy, green environment. In accordance with the theme of the event, the teachers wore green dresses. Saplings were planted and kept in the hostel of the college. Furthermore, saplings were distributed among teachers and students as a sign for collaborating efforts in creating a sustainable future.

PICTURES:





Principal sharing thoughts about environmental issues Dr.Mondol discussing the impact of waste



Principal planting a sapling



Distribution of plants to students

Event 7:

TITLE OF THE EVENT: CELEBRATION OF INTERNATIONAL YOGA DAY

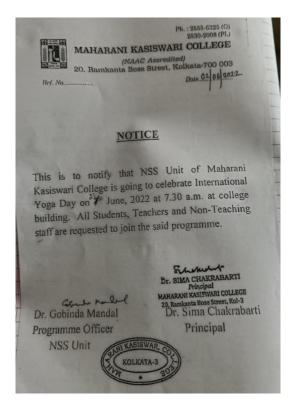
DATE AND DURATION: Date: 21.6.2022.

LEVEL OF THE EVENT: College Level

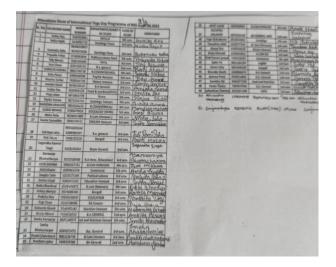
OBJECTIVES:

- To promote the benefits of practising yoga regularly
- To inculcate a sense of discipline among students and teachers
- To create an environment of harmony, peace and overall well-being in the institution.

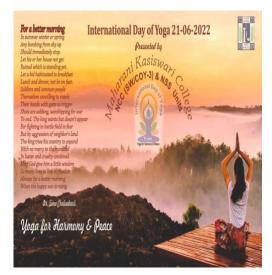
NOTICE:



NUMBER OF PARTICIPANTS: 38



Attendance sheet of participants



Flyer of the Programme

Programme Schedule:

Time	Programme	Delivered by
7.30 AM - 7.40 AM	Welcome address	Dr. Gobinda Mandal,
		NSS Programme officer, MKC
7.40 AM - 7.50 AM	Keynote speech:	Dr. Sima Chakrabarti,
	"Yoga – Traditional Indian therapy used as a preventive measure from various diseases"	Principal, Maharani Kasiswari College
7.50 AM-8.10 AM	Special lecture: Role of yoga in reducing the side-effects of medication	
8.10 AM - 10.15 AM	Demonstration of different Yoga	Sri Subimal Deb, sports instructor, NCC
	techniques	cadets & NSS volunteers.
10.15 AM - 10.25 AM	Concluding speech	Dr. Sayanti Bhoumick,
		Assistant Professor, Department of Education

10.25 AM - 10.30 AM	Vote of thanks	Ms. Priyanka Roy	
		Assistant Professor, Department	of
		Sociology	

DESCRIPTION OF THE EVENT:

The International Yoga Day was celebrated by the NSS unit of Maharani Kasiswari College for promoting the benefits of yoga. Inaugural speech of the programme was given by Principal of the college-Dr. Sima Chakrabarti, who pointed out how regular yoga helped her immensely in her daily life. In the seminar session the speaker was Dr. Subratar Paul, who discussed how yoga can help one to reduce the sideeffects of medication, thereby promoting good health. The programme was concluded with a demonstration of different yoga postures by NSS and NCC students.

PICTURES:



Dr. Subratar Paul discussing the importance of doing yoga correctly



Students performing yoga postures